Yields of ATP from Glycolysis

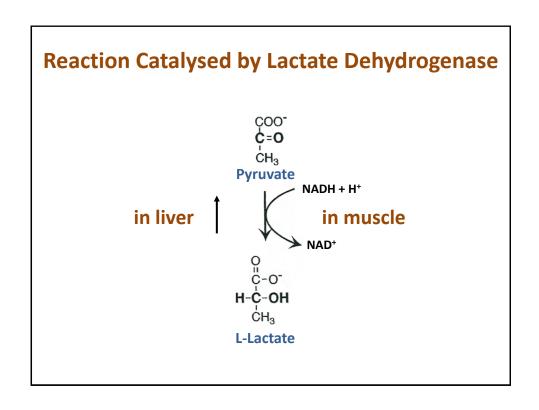
- Early stages use 2 ATP
- Later stages make 4 ATP
- Net yield = 2 ATP

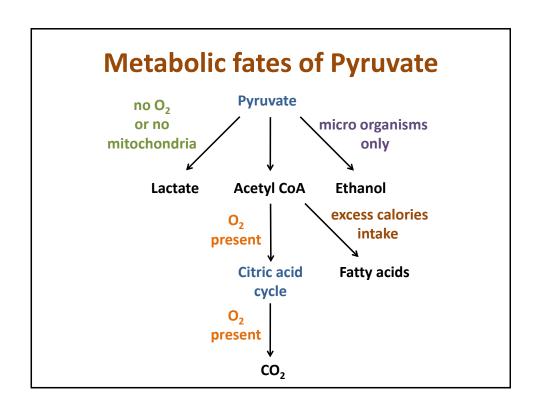
(Plus further ATP from mitochondrial metabolism)

Anaerobic Glycolysis

- When oxygen supplies to the tissues are limited, pyruvate is not metabolised to CO₂
- Pyruvate converted to lactate in order to convert the cofactor NADH back to NAD+

pyruvate + NADH + H⁺ → NAD⁺ + lactate





Specialised functions in Tissues

• Skeletal muscle: ATP production

during intense exercise

• Red blood cells: only pathway for ATP

production (no mitoch)

• **Brain:** major source of ATP

(cannot use fats as fuels)

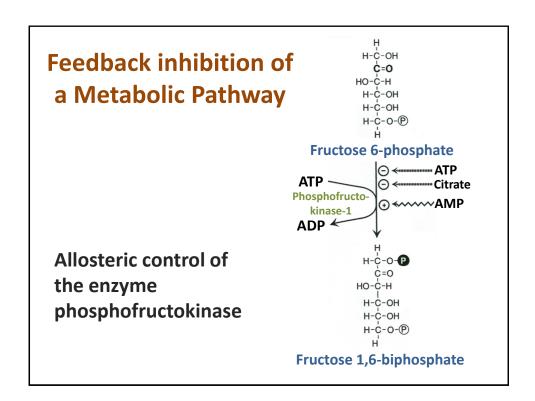
Regulation of Glycolysis

Increased rate of glycolysis

- intense muscle work & exercise
- after high carbohydrate meal (high insulin levels)

Decreased rate of glycolysis

Fasting state
 (high levels of circulating glucagon)



Summary of Glycolysis

- Main catabolic pathway using glucose, present in all tissues
- Only energy yielding pathway that can function either in aerobic or anaerobic conditions (red cells & skeletal muscle)
- Energy yields are low (2 ATP) but the pyruvate can enter the mitochondria for further ATP production
- Pathway produces intermediates for fats, etc